

american
babyy

APRIL 2010

6 Signs Your
Baby's Happy

Vote
for
Your Fave
Baby
Products!
P. 6



***Naptime
Know-How**

Easy Ways to Get on
a Sleep Schedule *

12
Toys to
Help Baby



Lifting Her Head Up ▲

Throughout the first six months, your baby benefits from daily time playing on her tummy, which helps **build back and neck muscles**. Infantino Tummy Time Mat (\$22)



Holding & Releasing ▲

In the second half of his first year, your baby will get more deliberate with his toys: grasping them longer, passing them hand-to-hand, and **putting them into containers**. iPlay Aquarium (\$20)



SITTING PRETTY

Once a baby can hold her head steady, she'll love a seat that lets her sit up while playing. Fisher-Price Space Saver Bounce 'n Spin Froggy (\$70)

Fisher-Price